

# We Care Chiropractic, PC

20100 N. 51<sup>st</sup> Avenue, Suite B210, Glendale, AZ 85308 (623) 825-4444

*Neil T. Dende, D.C*

## CONFIDENTIAL INFORMATION<sup>1</sup>

The following information is needed for our files so we can better serve you as a patient. PLEASE FILL THID FORM OUT COMPLETELY; DO NOT LEAVE ANY BLANKS (MARK N/A). If you need any assistance, please ask the receptionist.

### PATIENT DATA:

NAME: \_\_\_\_\_ DOB: \_\_\_\_\_ SS: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_  
PHONE: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (C) \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_ EMPLOYER: \_\_\_\_\_  
SPOUSE NAME: \_\_\_\_\_ SPOUSE EMPLOYER \_\_\_\_\_  
SPOUSE PHONE: (W) \_\_\_\_\_ (M) \_\_\_\_\_

Name and Telephone number of person to contact in case of an emergency:

\_\_\_\_\_

### INSURANCE INFORMATION:

If no insurance, please skip this section and mark here: \_\_\_\_\_.

PRIMARY INSURANCE CO. \_\_\_\_\_  
ID # \_\_\_\_\_ GROUP # \_\_\_\_\_  
POLICY HOLDER'S NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

SECONDARY INSURANCE CO. \_\_\_\_\_  
ID # \_\_\_\_\_ GROUP # \_\_\_\_\_  
POLICY HOLDER'S NAME: \_\_\_\_\_ DOB: \_\_\_\_\_

HOW WERE YOU REFERRED TO OUR OFFICE? (PLEASE CHECK)

- FRIEND REFERRAL NAME: \_\_\_\_\_
- YELP
- INSURANCE PLAN DOCTOR LIST
- GENERAL INTERNET SEARCH
- SMART PHONE SEARCH FOR NEARBY DOCTOR
- PHYSICIAN NAME OF PHYSICIAN: \_\_\_\_\_

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## PERSONAL DATA

HEIGHT: \_\_\_\_\_ WEIGHT: \_\_\_\_\_ AGE: \_\_\_\_\_

(CIRCLE ONE) LEFT HANDED RIGHT HANDED BOTH

(CIRCLE ONE) MARRIED SINGLE DIVORCED WIDOWED SEPARATED

EXERCISE:  DAILY  REGULARLY  SOMETIMES  NEVER

DO YOU DRINK ALCOHOL? IF SO, HOW MANY DRINKS PER WEEK? \_\_\_\_\_

DO YOU SMOKE SIGARETTES? IF SO, HOW MANY PER DAY? \_\_\_\_\_

HAVE YOU EVER HAD CANCER? \_\_\_\_\_ IF SO, PLEASE EXPLAIN \_\_\_\_\_

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FAMILY HISTROY: This is very important, so please fill this out as complete as possible. I am interested in knowing if any health conditions run in your family which may affect you.

**MOTHER:** If living, what is her age? \_\_\_\_\_ health condition: \_\_\_\_\_  
If deceased, what was the cause? \_\_\_\_\_

Does she have any diagnosed health conditions such as diabetes, heart trouble, headaches, thyroid problems, etc? \_\_\_\_\_

**FATHER:** If living, what is his age? \_\_\_\_\_ health condition: \_\_\_\_\_  
If deceased, what was the cause? \_\_\_\_\_

Does he have any diagnosed health conditions such as diabetes, heart trouble, headaches, thyroid problems, etc? \_\_\_\_\_

**BROTHERS/SISTERS: (LIST ALL)** Please list any kind of health condition they have

1. Age: \_\_\_\_\_ Health Problem: \_\_\_\_\_ Brother or Sister
2. Age: \_\_\_\_\_ Health Problem: \_\_\_\_\_ Brother or Sister
3. Age: \_\_\_\_\_ Health Problem: \_\_\_\_\_ Brother or Sister
4. Age: \_\_\_\_\_ Health Problem: \_\_\_\_\_ Brother or Sister

If any siblings are deceased, please list the cause of death and what age:

If any other conditions have been known in other family members not listed, please explain:

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## GENERAL HEALTH SCREENING

Have you had the flu or a fever recently? \_\_\_\_\_ Currently? \_\_\_\_\_  
Weight loss without intentionally dieting? \_\_\_\_\_

Do you ever have any type of chest pain, arm pain, throat pain or loss of breath? \_\_\_\_\_  
If so, which ones? \_\_\_\_\_

Date of your last physical examination? \_\_\_\_\_  
List ANY operations (major or minor) which you have had in your lifetime: \_\_\_\_\_  
\_\_\_\_\_

Serious illness? (please list all): \_\_\_\_\_

List medication (over the counter or prescription) which you currently take: \_\_\_\_\_  
\_\_\_\_\_

List any controlled substance(s) that you use: \_\_\_\_\_

ALL OF THE INFORMATION CONTAINED IN THIS PACKET IS CONFIDENTIAL AND WILL REMAIN AS MUCH.

### PRIMARY COMPLAINT:

What is the primary complain you want evaluated today? \_\_\_\_\_  
Describe cause of pain: \_\_\_\_\_

How long has the current pain episode been going on? \_\_\_\_\_  
Have you had similar pain before? Y / N If so, when was the last episode? \_\_\_\_\_

Have you seen any other doctor for this complaint recently? Y / N If so, doctor name: \_\_\_\_\_

Have you had past treatment for this condition (circle one)

None    Family doctor    Chiropractor    Physical Therapy    Acupuncture

Pain specialist (please explain): \_\_\_\_\_  
\_\_\_\_\_

Prior surgery? \_\_\_\_\_

### SECONDARY COMPLAINTS

What other complaints would you like evaluated today? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

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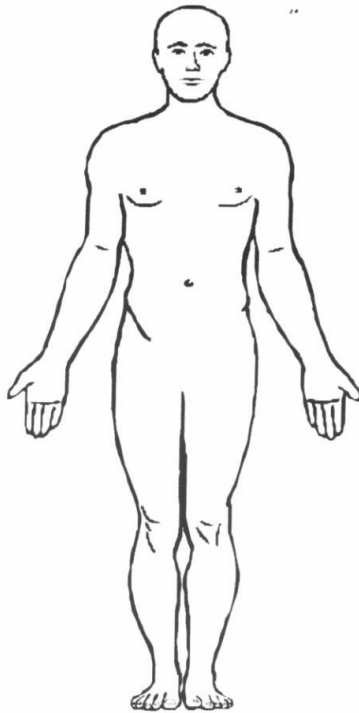
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## PAIN CHART

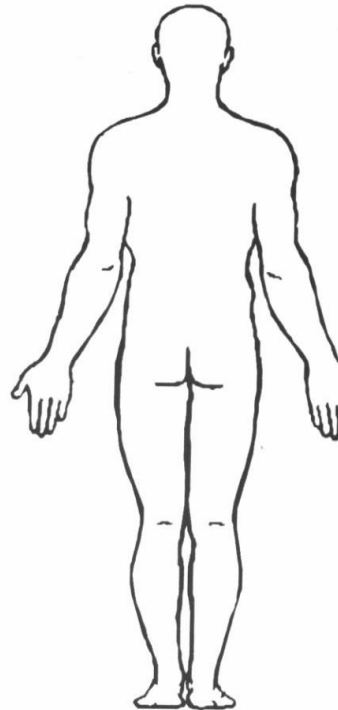
PLEASE MARK THE FIGURE BELOW USING THE SENSATION KEY TO INDICATE THE TYPE OF PAIN YOU HAVE:

SENSATION KEY: ACHE    BURNING    NUMBNESS    PINS/NEEDLES    STABBING    OTHER  
                  ΔΔΔΔ    ////////////////    ++++++++    =====    XXXXXX    ◇◇◇◇◇

**FRONT**



**BACK**



- A. Circle the number (on the 0-10 scale) to indicate your **CURRENT** pain level:  
(NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (AS BAD AS POSSIBLE)
- B. Circle the number (on the 0-10 scale) to indicate your **AVERAGE** pain level:  
(NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (AS BAD AS POSSIBLE)
- C. Circle the number (on the 0-10 scale) to indicate your **WORSE** pain level:  
(NO PAIN) 0 1 2 3 4 5 6 7 8 9 10 (AS BAD AS POSSIBLE)

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## PLEASE CHECK THE DISORDERS WHICH APPLY TO YOU

### GENERAL

- Recent weight change
- Weakness
- Fatigue
- Insomnia
- Sinus problems
- Indigestion

### MOUTH

- Bleeding gums
- Sore gums
- Mouth sores

### GU

- Increased frequency in urination
- Hesitancy of urination
- Kidney stones
- Past urinary infections
- Increased urgency in urination
- Leaking before or after urination
- Burning with or after urination
- Brown urine

### VASCULAR

- Varicose veins
- Cramping in legs, arms, etc
- Thrombophlebitis

### PSYCHIATRIC

- Mood swings
- Depression
- Frequent crying
- Panic attacks
- Anxiety
- Any diagnosed mental or depression conditions?

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### SKIN

- Rash
- Lumps
- Change in hair or nails

### EARS

- Ringing in ears
- Loss of hearing
- Vertigo (spinning)
- Lightheadedness
- Ear infections

### GI

- Burping stomach acids
- Black stools
- Frequent burping
- Excessive gas
- Diarrhea
- Constipation
- Rectal bleeding
- Food intolerance
- Hemorrhoids

### NEUROLOGIC

- Seizures
- Fainting or blackouts
- Tremors
- Memory loss
- Numbness
- Weakness of (circle) Leg Arm Hand

### ENDOCRINE

- Heat or cold intolerance
- Excessive sweating
- Diabetes
- Excessive thirst
- Brown urine

### HEAD

- Migraine headaches
- Cluster headaches
- Tension headaches
- Sinus headaches
- Visual disturbances w/headaches
- Nausea w/headaches
- Vomiting w/headaches

### CHEST/CARDIAC

- Throat pain or restriction
- Chest pain or discomfort
- Shortness of breath
- High blood pressure
- Childhood rheumatic fever
- Heart murmur
- Irregular heart beat
- Swelling (circle) Ankles Hands

### REPRODUCTIVE

- Pre-menstrual syndrome
- Bleeding between periods
- Excessive cramping
- Menopausal symptoms
- What age did menopause begin? \_\_\_\_\_
- Currently pregnant? \_\_\_\_\_
- Miscarriage(s) \_\_\_\_\_
- Date of last menses \_\_\_\_\_

By affixing my signature below, I do hereby declare that I have examined this report and to the best of my knowledge and believe it is true, correct and complete.

PATIENT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_